

Psalms 39:7 NLT



## Our hope is in the Lord

Sometimes when everything around us seems to be out of our control, it's good to remember that God is our hope and in him we can trust.

It's good to write down our hopes and dreams. Why not write a list of yours today and put it up somewhere so that it can inspire you when you see it.

Dear Father,

Thank you that we can put our trust and hope in you.

Thank you that you care about us and our hopes and dreams too.

Help us to be who you created us to be,

In Jesus' name,